

FOOD FUN

2019

MAY



Riverside Elementary West Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Full Paid Lunch \$2.30 Reduced .40 Free .0</p>		<p>1 Chicken Fajita Hot Dog on a Bun All Amer.Chef Salad w/Crkr. Baked Tater Tots Seasoned Carrots Garden Salad Diced Pears or Fresh Fruit</p>	<p>2 Soft Shell Taco Chick.Nuggets w/WG Brd. Turkey & Ch.Sandwich Steamed Rice Vegetarian Baked Beans Fresh Celery Sticks Strawberry Cup or Juice</p>	<p>3 Chicken Nuggets w/WG Brd. Cheese Pizza Chick.Caesar Sal.w/Crkr. Baked Fries Steamed Broccoli Fresh Baby Carrots Diced Peaches or Fresh Fruit</p>
<p>6 Fish Sticks w/WG Brd. Chick.Nuggets w/WG Brd. Turkey & Cheese Wrap Baked Fries Sweet Peas Fresh Baby Carrots Diced Pears or Fresh Fruit</p>	<p>7 Hot Dog on a Bun Chicken Patty Sandwich Ham & Cheese Sand. Baked Tater Tots Golden Corn Garden Salad Peach Cup or Juice</p>	<p>8 Pork BBQ on a Bun Chicken Nuggets w/WG Brd. Brd.Chicken Caesar Wrap Baked Tater Tots Seasoned Green Beans Fresh Celery Sticks Mixed Berry Cup or Fresh Fruit</p>	<p>9 Walking Taco Chick.Nuggets w/WG Brd. Turkey Chef Salad w/Crkr Steamed Rice Vegetarian Baked Beans Fresh Broccoli Mixed Fruit Cup or Juice</p>	<p>10 Chicken Patty Sandwich Pepperoni Pizza Ham & Cheese Wrap Baked Fries Steamed Carrots Garden Salad Applesauce Cup or Fresh Fruit</p>
<p>13 Ham & Ch.on Pretzel Roll Chicken Patty Sandwich Popcorn Chick.Sal.w/Crkr. Baked Fries Steamed Broccoli Garden Salad Diced Peaches or Fresh Fruit</p>	<p>14 Fr.Tst.Sticks w/Sausage Fish Sticks w/WG Brd. Ham & Cheese Sandwich Baked Tater Tots Green Beans Fresh Red Pepper Slices Applesauce or Juice</p>	<p>15 Macaroni & Cheese Hot Dog on a Bun Ham Chef Salad w/Crkr. Baked Fries Steamed Broccoli Garden Salad Diced Pears or Juice</p>	<p>16 Soft Shell Taco Chick.Nuggets w/WG Brd. Ham & Cheese Wrap Steamed Rice Vegetarian Beans Fresh Baby Carrots Mixed Berry Cup or Juice</p>	<p>17 Chicken Patty Sandwich Cheese Pizza Turkey & Cheese Sand. Baked Fries Seasoned Peas Fresh Celery Sticks Mixed Fruit Cup or Fresh Fruit</p>
<p>20 Hot Dog on a Bun Chick.Nuggets w/WG Brd. Turkey & Ch.Sandwich Baked Tater Tots Orange Glazed Carrots Fresh Broccoli Applesauce or Fresh Fruit</p>	<p>21 Mini Corn Dogs Chicken Patty Sandwich Turkey Chef Salad w/Crkr. Baked Fries Seasoned Peas Garden Salad Diced Pears or Juice</p>	<p>22 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sand Baked Fries Seasoned Green Beans Celery Sticks Peach Cup or Fresh Fruit</p>	<p>23 Walking Taco Chicken Nuggets w/WG Brd. Chick.Caesar Sal.w/Crkr. Steamed Rice Vegetarian Beans Fresh Baby Carrots Diced Pears or Juice</p>	<p>24 Fish Sticks w/WG Brd. Pepperoni Pizza Ham & Ch. Wrap Baked Fries Golden Corn Garden Salad Mixed Fruit Cup or Fresh Fruit</p>
<p>27 MEMORIAL DAY</p>	<p>28 Cheeseburger on a Bun Chicken Nuggets w/Brd. Turkey Chef Salad w/Crkr Baked Fries Sweet Peas Fresh Red Pepper Slices Mixed Fruit Cup or Juice</p>	<p>29 Hot Dog on a Bun Chicken Nuggets w/Chzits Ham & Cheese Sandwich Steamed Carrots Baked Tater Tots Garden Salad Diced Peaches or Juice</p>	<p>30 Walking Taco Chicken Patty Sandwich Ham & Cheese Wrap Steamed Rice Vegetarian Beans Fresh Baby Carrots Diced Pears or Juice</p>	<p>31 Baked Chicken Chicken Nuggets w/WG Brd. Chicken Caesar Salad w/Crkr Baked Fries Green Beans Fresh Red Pepper Slices Applesauce or Juice</p>

More Info...

Offered Daily
Fresh Fruit
Or Juice

Fresh Vegetables

1% Milk
Skim Milk
Chocolate Skim Milk
All Breads, Rolls,
Pasta and Pizza Dough
is Whole Grain

Students must pick at
least one
serving of fruit or
vegetable with their
meal

In accordance with
Federal law and US
Dept of Agriculture
(USDA) civil rights
regulations and
policies, this
institution is
prohibited from
discriminating on
the basis of race,
color, national
origin, sex, age,
disability, and
reprisal or
retaliation for prior
civil rights activity.

Menus are subject to
change without notice.

Healthy For Life

